

## CHRONICLE PLUS -- TODAY at COMMUNITY CHURCH—March 17, 2019

9:00 am	Bible Study	Parlor
10:00 am	Worship & Sunday School	Sanctuary
11:00 am	Fellowship Hour	Fellowship Hall
12:30 pm	Human Library Training	Parlor
4:00 pm	Youth Group	Fellowship Hall
6:00 pm	Youth Group	Library

**Music for Lenten Meditation:** A concert of 20th and 21st century music for solo/duo piano and solo/mixed voices that evokes the mystery and promise of the Lenten journey. Includes works by Barber, Poulenc, Boulanger, Britten, Ravel, and others. Performed by Pamela Langley and James Bullock, pianists; Lorna Ellis, soprano; and Voces Fa Mi Le directed by Christopher Sand. **Friday, March 22, 2019, at 7:30 PM** in the sanctuary. Admission is free.

**Human Library, Saturday, March 23, 2019 1:00-4:00pm at Oyster River High School:** The Human Library is a one-day event designed to encourage face-to-face conversations that challenge stereotypes and prejudices. It is a place where real people are “books” and “on loan” to readers and where difficult questions are expected, appreciated and answered. Be part of the conversation to build a more peaceful, kinder world! Visit [humanlibraryNH.org](http://humanlibraryNH.org) to learn more.

**Monday April 1st is an opportunity to provide a meal for Families First in Portsmouth.** The main dish will be Beef Stew (your own recipe or the one on the sign-up board), rolls, milk, garden salad, fruit and cookies or bars for dessert to serve 10. The sign-up sheet is in Fellowship Hall. Please drop off food in the kitchen by 3pm on April 1st.

**Easter Flowers:** If you wish to order an Easter lily or pot of tulips for Easter Sunday worship, please complete the order form in the bulletin, enclose your check payable to Community Church of Durham and return it to the Church Office by **April 11<sup>th</sup>**.

**Easter Flower Delivery Sign-Up:** You are invited to sign up to deliver a pot of lilies or tulips to one of our beloved members during Fellowship Hour on Sundays through Palm Sunday, April 14. Flowers will be available Easter Sunday, April 21, after worship service.

**After School Choir for Children & Youth** will be rehearsing on Thursday afternoons in the Chapel. Taking the bus from the elementary schools is an option. Middle Schoolers often walk. For info/sign up, please contact Kristin Forselius: [KristinF@CCDurham.org](mailto:KristinF@CCDurham.org) or Lorna Ellis: [Lorna.Ellis@comcast.net](mailto:Lorna.Ellis@comcast.net). **Rejoice Choir:** Children from age 3-grade 2 are welcome to join from 4:20-4:50. **Alleluia Choir:** Children in grades 3-8 are welcome from 4:50-5:20.

**Spring Cleaning:** Please check Lost and Found located outside the church office for any forgotten items. The bin will be emptied next week.

**“Grief, Healing, and Resilience: A Program of Study and Support for Parents Who Have Lost Children,”** a program of four meetings, **6:30pm-8pm on the following Mondays: 4/1, 4/15, 4/29 and 5/13.** Location: Chapel, Community Church of Durham, NH. At some point, most humans suffer grief, often defined as the process by which someone experiences loss. But losing a child is an especially devastating form of seismic trauma. While grieving is very specific—based on the individual griever, the nature of the loss, and the relationship to who has been lost—there are many common elements to the journey, including an emotional roller coaster at times triggered by passing comments such as “Oh, you’ll get over it” or “You’ll have another child,” or “Don’t be in denial,” or “She’s in a better place.” This program of four 90-minute meetings is NOT clinical therapy, but it is designed to offer information and some tools for engaging grief and healing. While spiritual in orientation, the program is non-sectarian and non-denominational.

*Facilitator:* Steve Hardy earned a graduate-level Grief Support Specialist Certificate from the University of Wisconsin in 2017. More important, he has personal experience in grief—shared with his wife Donna—through the loss of two sons. He retired in 2014 from the University of New Hampshire as Professor of Kinesiology and Affiliate Professor of History. He currently writes a monthly blog on resilience at: <https://onesummit.org/what-we-do/profiles-in-resilience/>

*Enrollment:* This program is for grieving parents who have lost children. BYO writing material—tablet (paper or digital), pencil, pen. There is no cost, but enrollment is limited to 20 people. For information or registration please contact Steve Hardy at: [stephen.hardy@unh.edu](mailto:stephen.hardy@unh.edu) or 868-5509.

**Green Tip from the Green Justice Committee:** Healthy Home Checklist: Do you drink bottled water? Kick the habit. For water on-the-go, get a reusable water bottle (not plastic or aluminum lined with plastic). Any canned food in the pantry? Cook with fresh or frozen whenever possible; most food cans (including liquid infant formula) are lined with bisphenol-A (BPA), a toxic chemical that leaches into the food.

Community Church of Durham is a vibrant place where lots is happening! Please submit items for the Chronicle Plus to [office@ccdurham.org](mailto:office@ccdurham.org) by noon on Wednesday for inclusion the next Sunday.

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